



International Psychology Centre
Centre of Excellence for Personal & Corporate Growth

Certification in Couple & Family Therapy (endorsed by Malaysian Association of Psychotherapy (MAP) and Psychotherapy Chapter of Malaysia Society for Complementary Medicine)

This course is providing Best-practice Psychotherapy training for professionals who have a passion for assisting individuals, regardless of age, gender, race and social class to achieve optimum mental health.

What is included in the Couple and Family Therapy

- Lecture
- Tutorial
- Clinical supervision
- Reading materials

Fees and Course Structure

- Course Cost : RM4, 800.00
(Students are required to buy various recommended text books)
- Course Time : 3 months
- Prerequisite : At least a Credit in SPM English or two years working experience at a related industry
- Group Size : Limited to group of 10

Training Topics

- 1) History of Psychotherapy
- 2) Developmental Psychology
- 3) Mental Health and Psychology
- 4) Psychological Research Methodology
- 5) Abnormal Psychology
- 6) Clinical and Neuropsychology

Kuala Lumpur: 11-1 Wisma Laxton, Jalan Desa, Taman Desa, 58100 Kuala Lumpur, Malaysia
Tel: 03- 7982 4424 Fax: 03 –7980 3841

Penang: 1B, 1-01 & 1-02, Komtar, Jalan Magazine, 10000 Penang, Malaysia.
Tel: 03 04-2625437 Fax: 04-641 5318
E-mail: Info@Laboratory .com.my
Website. www.Laboratory.com.my



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- 7) Psychotherapeutic Approaches
- 8) Couple Therapy Skills
- 9) Family Therapy Skills
- 10) Ethics and Boundaries
- 11) Developmental Psychology
- 12) Clinical Practice and Supervision

Course Layout

We use the mastery system of education. Besides lecturing, this course provides clinical experience such as: research, case study, supervision & presentation. Assessment includes case study presentations, group participation, research paper and assignments.

The topics mentioned above are taught within seven sessions. Between the sixth and seventh session, a period of approximately 1 month of clinical supervision & research is implemented outside of classroom. During this period, students will be given assignments and projects to do.

Equipments & Venue

Below are the equipments used:

- Chairs & table
- Projector
- White board
- Notes/ books

Venue: Malaysian Psychology Centre

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Teaching Faculty

Dr Edward Chan FAMPsy, FMCBTA, PMMSCM

B.Sc.(Hons.)(Psy),(Middlesex)

MSc.(Learning)(Lancaster), D.Phil.(Psy), (IOU)

CSAC(Hawaii, International Certification & Reciprocity Consortium) (Reg. No. M906-98)

Principal Consultant Psychologist,
Executive & Life Coach and Certified Master Trainer.

Dr Chan is a fellow of the Malaysian Association of Psychotherapy; a fellow of the Malaysian Cognitive Behavioural Therapy Association; a practitioner member of the division of Organisational Psychology, the division of Adult Psychotherapy; the division of Couple and Marital Therapy; and the division of Child Psychology & Therapy of the Malaysian Association of Psychotherapy; a Member of the International Employees Assistance Professionals Association; a Member of the Malaysian Institute of Human Resource Management; Charter member of the International Coaching Federation (Malaysian Chapter); a member of the International Association of Facilitators and a member of the Malaysian Society for Training and Development.

Dr Chan has been practicing, teaching and training psychology, psychotherapy, coaching and coach therapy for 18 years in Malaysian, Hong Kong, Singapore, Thailand and United Kingdom. Dr Chan is also a regular contributor to national newspaper and professional journals as well as a well-known radio and television personality on psychology and relationship issues, Dr. Chan has also authored several books on these topics including the critically acclaimed *Love Is Never Enough : Pleasurable Commitment Rules on Couple Psychology, Are You Man Enough To Be a Father on Child Psychology* and the “*Dancing with Crocodiles*” on corporate psychology and Current Research and Practitioner Cognitive Behavior Therapy in Asia.

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